

ASOC 2025 WORKSHOP

**PORTRAIT DRAWING AND PAINTING
WITH CATHERINE HAMILTON
SATURDAY 5 – SUNDAY 6 JULY 2025
STUDIO D, M16 ARTSPACE, GRIFFITH ACT**

MATERIALS LIST

On Day 1 we will look at the features and proportions of the face, structure and tone. We will go through some ideas of building up a portrait using charcoal and various grades of pencil. Participants can also choose to use Conte sticks - sticks of hard pastel available in black, white and sanguine. The ideas and use of the mediums are very much part of the discovery of creating the portrait, so I will demonstrate some innovative ways of using the materials.

On Day 2 we will create a colour portrait. Participants can choose to use a favourite water-based medium such as watercolour, acrylic, coloured inks or pastels.

Please consider the appropriate paper or canvas for your work depending on the medium you choose. I will be demonstrating using a wash in watercolour and an acrylic portrait.

Please all Include:

A Towel or cloth for the table

Apron

Sketch book/Notebook and pencil/pen

Board to fit paper size

Water Pots

Water spray

Kitchen Towel

Masking Tape

Appropriate brushes for painting (acrylic or watercolour brushes) and **include a soft brush/es to use with charcoal**. We will be experimenting with water with the charcoal.

Rubber

Soft cloth

White Conte stick

Palette for mixing (The best ones to use are large disposable paper pad palettes by New Wave or similar) or a large palette with wells.

PAPER or CANVAS

Day 1. We will work on cotton rag drawing paper such as Stonehenge paper, or Dutch etching paper, or Magnani cotton rag paper (this also comes in soft colours: pale blue, ivory, buff or white) or Mixed Media paper. You can choose your preferred paper. Please ensure that it is cotton rag paper that takes water and a good weight (anything from 250gm to 350gm). You will require 2 full sheets for Day 1.

Day 2 is for painting the portrait and depending on your choice of medium you can choose a canvas, watercolour paper, cotton rag paper or pastel paper.

For my drawings and for watercolour work, I use 300gsm cold pressed medium or hot-pressed smooth watercolour paper.

Pastelists: I suggest Colourfix paper by Art Spectrum. Choose white, rose, pale blue or soft beige. These colours are easier to use than dark colours and pastelists will be doing some underpainting on their portraits.

Acrylic painters: Oil or acrylic painting paper or a canvas of an appropriate size. (I recommend no larger than 60 x 40cm for a portrait.)

You will be creating some small sketches before the colour work so please allow extra paper for this exercise.

PASTEL PAINTERS

Bring your usual set of good soft pastels with you and as many colours as you have plus any other blenders etc that you might use.

ACRYLIC PAINTERS/WATERCOLOUR PAINTERS

Bring a good set of acrylic paints. I have listed the basic palette plus some

extra such as the earth colours. I will show you the simple Zorn palette for practice which is Vermillion (Cadmium Red Light) Ivory Black, Yellow Ochre and Titanium white).

This is a list of the basic colours I use and recommend but bring whatever colours you have.

Ultramarine Blue

Pthalo Blue

Cerulean Blue

Cadmium Red

Quinacridone Magenta

Cadmium Yellow medium

Lemon Yellow

Titanium White

OPTIONAL I also use Burnt Sienna, Yellow Ochre, Prussian Blue, Indigo and Light Red by Windsor and Newton or Venetian Red.

Acrylic painting medium to help the flow of paint - I use Matisse Acrylic painting medium. I will have a large pot of it and students can purchase a small jar for their needs at a reasonable cost.

We will be working from a model on both days. Photo references will also be supplied to study some basic proportions of the face and various exercises.

I will have plenty of materials with me which participants can use if necessary for a gold coin donation.

If you have any questions regarding the course or the materials don't hesitate to contact me.

Catherine Hamilton

0419 519 760

hamilton-arts@hotmail.com